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On the Cutting Edge

New data suggests that large volume lipoplasty (LVL) can produce dramatic weight loss and significant, long-lasting health benefits, when performed using strict patient selection criteria, in an accredited surgical setting, and with close monitoring.

In addition, candidates must be willing to lose some weight before surgery and maintain their weight loss following LVL. **Giese** maintains that the benefits of LVL in reducing weight and improving overweight patients' cardiovascular risk profile make the procedure worth considering as a possible weight loss treatment.

They contend that LVL may be appropriate for individuals classified as medically overweight, but not for those who are medially obese (more than 50 pounds over their ideal weight). Appropriate candidates must be in excellent health, without a history of multiple medical problems, eating disorders, unstable weight, alcoholism, or drug abuse.

