



Diabetes Interview

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Liposuction: Study Shows it May Help Offset Diabetes

Results of a recent study suggest that liposuction—commonly perceived as a strictly cosmetic procedure—may have significant health benefits for people with diabetes.

Sharon Y. Giese, MD, and colleagues at Georgetown University conducted a study in 1999 that examined the effects of liposuction on 14 obese women.

“The use of an ultra sound destroys more fat cells,” explained **Giese**. “That’s important because fat cells are involved in insulin production.”

The procedure employed was a large-volume liposuction with the use of an internal ultra sound, according to **Giese**, a plastic surgeon with a practice in New York City.