



## DR. SHARON GIESE

### WHY DID YOU BECOME A PLASTIC SURGEON

It combines my love of art, science, people and working with my hands

### FAVORITE PART OF YOUR JOB

Operating

### HOBBIES

Cooking, gardening, cycling, tennis

### PLACE YOU GO TO ESCAPE THE OFFICE

Italy

### FRAMED PHOTOS ON YOUR DESK

My husband

### RIGHT NOW I'M READING

Everyone Worth Knowing, by Lauren Weisberger

### I START EACH DAY

With my power shake and walking my dogs

## COSMETIC SURGERY AND THE CITY

When it came to selecting a location for her new medi-spa, Dr. Giese knew privacy was key. **TOWNHOUSE 114** is located on an elegant block steps from Park Avenue. The **MEDI-SPA** boasts a certified, state-of-the-art operating room and laser center for maximum safety and comfort. A board-certified anesthesiologist is present at all times. "The clinic was designed with a continental European aesthetic," says Dr. Giese. "Patients are transported from the hustle of the city to an Old World, tranquil environment." Patients can refresh at Townhouse 114's new fully-equipped laser center which offers age-erasing high-tech treatments, including **VELASMOOTH™**, the only **FDA-APPROVED CELLULITE-REDUCTION LASER**. Sunspots, spider veins and hair removal are also conveniently offered. All procedures at Townhouse 114 are administered by licensed medical professionals in special treatment rooms that provide each patient with the ultimate in comfort and safety. "Our mission is to promote health and wellness and to strengthen our patients' self-confidence by enhancing their body image and overall quality of life."

# groundbreaking beauty

In her New York City townhouse practice just steps off Park Avenue, Dr. Sharon Giese employs a comprehensive approach to patient care. This board-certified plastic surgeon understands how improving body image can have a positive affect on the mind.

“Cosmetic surgery is a way of respecting yourself and your body. This is not superficial thinking, it’s powerful thinking,” she says. Trained as a biochemist, Dr. Giese combines her scientific background with her artistic eye to offer patients a full range of cosmetic enhancements. A fourth generation surgeon, Dr. Giese is credited with cutting-edge research on the effects of large volume liposuction to improve diabetes and cardiac risk factors, and weight loss. A dedicated researcher and innovator, she conducts clinical and scientific research on weight loss, diabetes and obesity prevention. “Research is definitely a passion of mine,” says Dr. Giese, whose findings have been featured in The Wall Street Journal and Allure magazine and on the CBS Early Show, the NBC Nightly News, FOX and ABC.

At her AAAASF clinic, Dr. Giese offers a comprehensive liposuction menu, including liposculpture, large-volume liposuction, facial liposuction, and liposuction detox. While breast enhancement, body contouring, facelifts and eyelifts are her most highly requested procedures, Dr. Giese also helps her patients turn back time using a series of what she calls “mini procedures.” “Patients today want to look refreshed, not artificial. We can achieve this with combination procedures like Botox®, Restylane®, Contour Thread Lifts™ and laser skin resurfacing with little downtime and dramatic results. ‘New’ beauty is natural beauty.” 212-421-3400 or [www.newbeauty.com/giese](http://www.newbeauty.com/giese)



#### BOARD CERTIFICATION

American Board of Plastic Surgery

#### MEDICAL DEGREE

Northwestern University

#### SURGICAL INTERNSHIP

Stanford University

#### PLASTIC SURGERY RESIDENCY

Stanford University

#### BREAST AND COSMETIC FELLOWSHIP

Georgetown University

#### AFFILIATIONS

American College of Surgeons  
 American Society for Aesthetic Plastic Surgery  
 American Society of Plastic Surgeons  
 Northeastern Society of Plastic Surgeons

#### AREAS OF EXPERTISE

Body Contouring/Liposuction  
 Breast Augmentation/Breast Reduction  
 Laser Resurfacing  
 Lip Enhancement

#### LOCATION

New York, New York  
 212.421.3400

#### WEB SITE

[www.drsharongiese.com](http://www.drsharongiese.com)