

Ramona Singer Reveals Plastic Surgery Secrets!

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by Fantasia Glitzhips

Everyone knows, you don't get on *The Real Housewives* because you are au naturel. Despite knowing this, some of the ladies still play coy and deny their plastic surgery.

For a while, *The Real Housewives of New York City's* Ramona Singer was in the habit of lying about undergoing the knife. But that has changed with the upcoming release of her new book.

In her memoir *Life on the Ramona Coaster*, Ramona Singer tells all about life after divorce. A she is finally coming clean about her plastic surgery procedures.

"I've never had any surgery on my face, but I recently did have my breasts done," she admits in her book.

"I went to see Dr. [Sharon] Giese and she didn't even want to do them. She said, 'You have great breasts. They're better than most women half your age.'"

Ramona is not afraid of complimenting herself. So it isn't surprising that she tells her readers that she was near perfect before plastic surgery.

Still, to be a Real Housewife, you have to be fake. Singer argued with her longtime surgeon friend, claiming that her breasts weren't as "perky" as they once were.

"Some women go crazy and get huge implants, but I didn't want to be bigger," Ramona claims.

"I just wanted to enhance what I already had. I was always a 34C and I'm still a 34C....I didn't want to be top heavy, I just wanted to be more enhanced."

The reality star and jewelry designer explains that she opted for saline implants inserted underneath her breasts to achieve a more "natural" look.

Ummmm, if you want natural looking breasts, don't get fake ones.

"It was a fairly quick procedure and I went home that day," she says. She adds that she has no regrets about the surgery. "The truth is that getting my breasts done was the right choice for me when the time came."

"The most important thing is that you feel as healthy on the inside as you look on the outside." Yes, because fake objects inserted inside of your body is healthy...

Ramona admits that she lied to her co-stars about her implants. But she isn't sorry.

"At that point I hadn't decided if I wanted to tell anyone," she writes. "But I've always been honest about the work I've had done and I don't believe it's anything to be ashamed of."

Besides her implants, Ramona confesses to getting Botox injections. But she believes "a good skincare regimen is much more effective over time."

Certainly, her desire for younger, perkier boobs has nothing to do with the fact that Ramona's husband cheated on her with a 33-year-old. Yeah, right.

This season, Ramona and BFF/co-star Sonja Morgan have been hooking up with much younger men. Ramona is even reportedly getting it on with New York businessman Michael Alexander.

